# WOMAN'S HERALD Miss Cocroft Talks on

look well.

acquire poise.

ed to the Household, the Fashions and the Activities of Women.

MARY MARSHALL, Editor. DAILY DEPARTMENT OF THE WASHINGTON HERALD

45 Correspondence is invited. Address il communications to the Woman's ditor of The Washington Herald. THURSDAY, APRIL 8, 1915.

With His Wife's Consent. "Seventy-five per cent of the men who

buy clothes do so subject to their wives' approval." That is what one of the leading men's

outfitters told us yesterday. Who was it? No matter. It is enough to know that he is an accurate observer of human nature and that he spoke the truth. "Men come into our suit department.

the merchant explained, "and they wait patiently-or sometimes impatiently pacing the floor. A salesman approaches them to know what they wish to buy. Waiting for my wife,' says the man look- showed her auing at his watch. 'No use showing me anything till she comes.' "Or else a woman drifts into the suit

department with an air of expectancy. 'I am waiting to meet my husband,' she explains, 'and I thought I'd come in a little early to look around a lille and see what I want him to get."

Seventy-five per cent of the men, says this merchant, buy with their wives approval. Many of them are actually accompanied by their better halves. Others send suits home subject to their wives' approval. Others receive their wives' directions as to color, and cut before venturing to buy.

Why do you suppose they do this? Women, they say, take their husbands Willard. shopping with them when anything so important as a new suit or frock or hat is concerned because it is eventually that same husband who foots the billand if husband goes along he will see for himself that one must pay well for attractive things. He won't say: "Why

have to consult his wife's taste? Is it because out of her greater leisure she has had more time to study the styles? Is it because she is more observing and reads the advertisements more than the man does? Or is it because she herself man does. Or is it because the husband insists? Or is it because the husband dell, and many others whose names are really needs her assistance, and doesn't prominent in Washington's social registory.

In the destruction of the same orbit. Such women are not happy because, deep down in their own souls, they are lonely, they are lonely.

dom. They wish for economic inde-pendence so that they may buy what they want to without consulting the one they want to without consulting the one dom. They wish for economic indewho must pay the bills. It seems a great women throughout the United States.

grievance that they must buy their hats If any of Miss Cocroft's auditors came and her mother has been taken from and and suits to please their husbands just to hear her talk beauty culture, they and her mother has been taken from because that husband pays the bills.

And yet that very husband, economically explain the plant than beauty culture.

And yet that very husband, economically explain than beauty culture. And yet that very husband, economically independent, possessed of the ballot and all the other signs and symbols of perfect freedom, doesn't dare to buy a new last of the ballot and symbols of perfect freedom, doesn't dare to buy a new last of the landry, the ballot and symbols of perfect freedom, doesn't dare to buy a new last of the landry, the ballot and last of the vacuum cleaner, the electric washer, titude, she declared, had more to do with the laundry, the ballot and last of the vacuum cleaner, the ballot and last of the vacuum cleaner.

## B. H. S. ALUMNI PLANS FETE.

is directing his efforts toward making so interested were they in the demonstra-the excursion the largest ever held by the alumni.

At the conclusion of Miss Cocroft's lecture she was importuned to give an actual lesson along the lines of her lec-

being arranged.

theater benefit to be held at the Columbia talk among friends. Theater May 12. The next meeting of the excursion committee will be held at the office of A. C. Houghton, 635 F street northwest, Tuesday night at 8 o'clock.

#### TOMORROW'S MENU.

PO'er our parched tongue the rich metheglin glides, And the red, dainty trout the knife di-BREAKFAST.

Baking Powder Biscuits

LUNCHEO: OR SUPPER.

DINNER. Vermicelli Soup Brook Trant French Pried Potatoes Lima Henn Salad Apple Tapicea

Angels' Food—Beat the whites of twelve eggs until very light. Mix and beat well for five minutes. Take one and a half cupfuls of granulated sugar, sifted once. Stir gently into the eggs, then add one heaping cupful of flour. Sift flour three times before measuring, then add one table-spoonful cream of tartar and sift again. Add one tablespoonful almond flavoring. Bake in an ungreased pan (the bottom of which has been lined with paper) for one hour in moderate oven. Make a cap of paper for top of the pan. Remove the paper to brown the top. When done, turn it upside down on a rest, so air can pass under it, and let it remain until cold. Icing: One pint granulated sugar, one pintewater. Boil until the consistency of mucilage. When warm to the flager add almond flavoring and beat until creamy.

# The Woman Worth While



MISS SUSANNA COCROFT.

Miss Cocroft, who was one of the leading organizers of the Woman's Peace are simply in ruts. They need suggestery, here in January, returned at the tions in broader fields and to set their urgent invitation of Washington wom-

fect freedom, doesn't dare to buy a new spring suit without consulting his wife.

B. H. S. ALIMNI DIAMS PROPER. tal as well as physical, and asserted that she replans her time and reaches out a woman would never be at her best from the confines of home to the broader until she had acquired it. Then would home of the community. Annual Excursion Will Be Held at

Marshall Hall June 4.

Marshall Hall June 4.

Marshall Hall June 4.

The Business High School Alumni Asand physical, seemed to prove every the family. By considering the individual sociation will give its annual excursion word she utered. She has a young voice the family, in its relation to the outside to Marshall Hall June 4. Richard D. and a girlish carriage, and as she walked world, she is caring for it the better. No Daniels, a member of the local bar, is mental attitude affected the physical, the chairman of the excursion committee and Washington women arose in their chairs, ence is simply felt to ther."

Numerous features, which probably include a baseball game between the present Rusiness team and the alumni, are filled with kindly counsel. She took her morning at 11 o'clock in the small ballhearers into her entire confidence, and room of the Willard, and that she would The entertainment committee also is although there were hundreds of women give the receipts of the lesson to local busy making preparations for its annual present, the lecture was almost like a charity. Her lesson will be on correct

didn't you get a cheaper gown?"

Decause he will know that the gown that was 10 per cent cheaper was 50 per cent less attractive. That is why the wife cheaper was 50 per cent day morning Miss Susanna Cocroft, of Chicago, the well-known author and things of slight account. They have health expert, described her ideal of "the health of becoming simply their own valets, spending most of their time buying clothes and showing them; "They are not consciously selfish; they

Miss Cocroft's whole attiude, mental does not mean neglect of the individual

poise and correct walking. TAMOUS ! WOMAN W BIRTHDAY AND YOURS

By MARY MARSHALL.

April 8—Barbara Bodichon. (Copyright, 1915.)

Barbara Rodichon, not the least of whose claims to distinction is : e fact that she was the original from which George Eliot's "Romola" was drawn. she developed a fondness for water- of food is not especially suitable for color painting and became a friend of spring, it does give flavor to a meal and Turner and other celebrated artists of therefore tempts the appetite. The ap-Cereal Pancakes—Mix two beaten eggs. the day. She was an ardent advocate two cupfuls of milk, half a teaspoonful of "woman's rights" and wrote a short of salt and a big teaspoonful of baking but very influential pamphlet on the powder, with equal parts of flour and laws of women in England which was now and then is quite excusable. powder, with equal parts of flour and cooked cereal, enough to make a thin batter. Fry like pancakes.

Canned Fruit and Cake—Line a glass dish with slices of stale sponge cake or any other plain cake. Drain almost all the juice from a quart can of fruit and put the drained fruit in the dish lined with cake. Beat the whites of three eggs very stiff, add three level table—spoonfuls of powdered sugar, beat in well, add enough of the fruit juice to flavor and color, and heap on the dessert. Serve at once.

Flageolets—Soak dried flageolets in water over night. Drain them and put them into bolling water with half a teas appointful of salt, and boll until they are tender. Drain, and season generously with melted butter, pepper and salt.

Angels' Food—Beat the whites of flageolets and salt affects of flour and cooked cereal, enough to make a thin batter. Fry like pancakes.

Canned Fruit and Cake—Line a glass instrumental in the passage of the "Married Women's Property Act."

When she was 30 she was married in Algiers. Being left a widow before any other plain cake. Drain almost all to be flageolet as the whites of three eggs very stiff, add three level table—spitality. She was an intimate friend of George Ellot and was the first to recognize the hand of her friend in "Adam Bede" when that book was published anoymously. She gave the equivalent of \$50,000 to Girton Collège, one of the first women's colleges in the minto bolling water with half a teas appointful of salt, and boll until they are tender. Drain, and season generously with melted butter, pepper and salt.

Angels' Food—Beat the whites of three planning of the new institution of learning in hand. Asid, from her other many activitives Mrs. Bodichon kept up her water-color painting, attracting favorable affects are planning of the new institution of learning in hand. Asid, from her other many activitives Mrs. Bodichon kept up her water-color painting, attracting favorable affects and the planning of the new institution of learning in hand. Asid, from her other ma

HOUSE--WIVES DAILY **ECONOMY** 

CALENDAR MARSHA By FRANCES MARSHALL.

How Do You Cook Sausages?

There are many ways of cooking sauwas born April 8, 1827. In her youth sages, and although this delectable type

A good sausage roll is made of sausa

moved and make a gravy by adding flour and water.

Little balls of sausage meat—not bigger than a wainut—can be browned and served with lamb chops or other meat as a very tempting garnish.

Will Attend Fiscal Conference.

Equador and Honduras have accepted the invitations from the United States to send representatives to the fiscal conference to be held in Washington in May, according to a statement issued at the Treasury Department years of the same of block that has from the same of the same

# Rebukes Candidates Who Bring Disgrace On D. A. R.

Mrs. Margaret M. Barry, at Annual Conference of Local Chapters, Criticises Methods of Running for Office. Aid for Clean-up Campaign.

at Continental Memorial Hall yester-

word "war" from the future history of the world was contained in the report of the international peace arbitration committee, of which Mrs. Edward Roome is chairman. Mrs. Edward Roome is chairman. Mrs. Roome explained that the committee had not been organized long enough to have accomplished anything definite. No War Toys for Children.

ing of war implements from children District society, \$551.52, up ing of war implements from children and giving them "constructive rather"

31.

"Your State regent believes the "Your State regent believes the process of the District is due This report also suggested the keep-

That a war will be waged on the high. solid board fences around the back yards Washington in connection with the 1915 paint-up and clean-up campaign an effort to bring into vogue the low picket fence, was also made apparent. The daughters were urged to help make Washington a spotless town.

The educational committee report states

that the Washington Seminary has of R. which is expected to bring more fered the daughters, through the vice than 1,200 delegates and officers to president general, Mrs. George T. Small-Washington, will open i wood, four scholarships valued at \$199 Memorial Hall April 19.

SOME ACCESSORIES FOR MILADY'S BATH

from an ordinary sized puff that a child filled with oatmeal are perfumed in the could manipulate to a puff the size of same manner, and are parti-a man's head. With one date of this puff one can powder half the body and another dab will complete the task of powdering the whole.

These puffs are of soft white elder-

tions. In this tub is a big flat cake of or two is disso soap that fits in the bottom of the tub, is pink or grayish-white in color and

apparently a sort of scented castile.

With the tub comes a sort of broom.

like a small scrubbing broom. It is made of long fibre from East India, and the fibre is doubled so that the ends meet and are trimmed smoothly off. The place where they double is wrapped with more fibre and forms a handle. In completed form this stiff, but not harsh brush prayers or their schools or charities prayers or their schools or charities.

Denunciation of those members of the Daughters of the American Revolution who are "bringing disgrace upon the society by the manner in which they are running for office" was sounded by Mrs. Margaret M. Berry at the afternoon session of the annual conference of the local chapters have been organized since Janat Continental Memorial Hall vesterat Continental Memorial Hall yester-uary, namely, the Keystone, the Abigail day.

"We should all run for office and the Col. James McCall chapters.

have a definite platform in so doing, but I do not believe any daughter has the right to give statements that have been circulated in the public press, humiliating and disgracing the organization." said Mrs. Berry.

Hearty indorsement of and a promise to co-operate with the Woman's Peace Party in its efforts to keep the word "war" from the future history (Chanters Balse Punds. Chapters Raise Funds.

"Our special work this year has been for the great mass of humanity
-suffering humanity in the war stricken countries of Europe. The local chapters have worked nobly to has the report from the office of the treasurer general of the total sur contributed through that office by th

splendid work of the District is due to the large number of chapters, and she therefore encourages and urges the formation of chapters and wel-comes each new one with open arms. When a new chapter of the D. A. R. comes into existence a power for good The national congress of the D. A. Washington, will open in Continental

English. Another useful bath article is the big square sponge of a dark brown color in its holder of barred metal -silver preferred—which hangs on the edge of the bath tub.

For the bath come bags of cheesecloth filled with bran scented with orris

and some other perfume that the bathe fancies. Bags made of cheesecloth an dering the whole.

These puffs are of soft, white eiderand hands.

These puffs are of soft, white eiderand hands.

Paris sends over all manner of bath

Paris sends over all manner of bath

down, like their little predecessors, and hands.

Paris sends over all manner of bath are finished at the bottom with shirred silk or satin and ivory handles. As time-savers they are worth their price.

Another fad for a bather is a small to the average woman unable to pay tub of clay, decorated on the outer de big prices for these dainty, imported and looking like a homely cousin to the bath bags, bottles of wafers come with Mexican earthen bowls used as decora-tions. In this tub is a big flat cake of or two is dissolved in the tub while

pleted form this stiff, but not harsh brush is twelve or more inches long, and its while they go to the polls, and, on the appearance is sufficient guarantee of its other hand, they keep in closer touch ability to cleanse. This tub and brush arrangement are the benefits of its government."

### THE CALIFORNIA BEACH GIRL



A good shusage roll is made of sausage meat formed into a roll or cake and cooked in a dripping pan in the oven. Surround it with halves of parbolled potatoes, basting them with the grease when from the sausage, and letting them brown nicely. Pour off the grease when the sausage and potatoes have been removed and make a gravy by adding flour and water.

Very demure in its combination of the top of the collar. It is known as the Louis XIII collar, Because of its proposality to soil easily it is well for the average girl, who worn by Miss Eleanor A. Sears. Miss must consider laundry bills, to have the collar and cuffs made separately and tacked to the nack and sleeves with a least, firm basting thread that may be removed readily when a fresh taring in California or one of the

### Woman's Health Requires Care

Women are so constituted as to be peculiarly susceptible to constipation, and their general health depends in large measure on careful regulation and correction of this tendency. Their delicate organisms rebel at the violence of cathartic and purgative remedies, which, while they may afford temporary relief, shock the system and seriously disturb the functional organs. A mild laxative is far preferable, and if properly compounded, much more effective.

The combination of simple laxative herbs with pepsin sold in drug stores under the name of Dr. Caldwell's Syrup Pepsin, is ideal for women's use. A free trial bottle can be obtained by writing to Dr. W. B. Caldwell, 452 Washington St. Monticello, Ill.

DAILY FASHION HINT.



Pictorial Review Patterns On Sale at S. KANN, SONS & CO.

SHRINERS WILL VISIT FAIRS. Washington Members Plan Tour to Pacific Coast.

In conjunction with lodge members from Baltimore, Brooklyn, and New York, Shriners of Washington have planned a special tour to Seattle, Wash., July 4 to attend the forty-first imperial council. The trip will be made in a special train. The Shriners will attend the fairs at San Francisco and San Diego, visit other touring centers on the Pacific Coast, and make other points of prom-linence in the West.

Representing the Washington Almas

Temple will be William S. Quinter, potentate; James T. Gibbs, W. W. Georges, and C. W. Hoover. They will be accompanied by 100 other mem-bers of the temple.

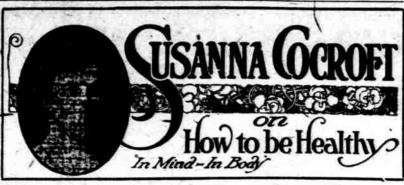
TO PROVIDE FOR ENCAMPMENT

William F. Gude, chairman of the G. A. R. encampment committee, has called a meeting for 11 o'clock Tues-day at the New Willard Hotel. The members will endeavor to create more interest and enthusiasm and take up the question of raising finances for the encampment next fall.

It is probable Chairman Robert N. Harper, of the finance committee, will read the names of contributors to the fund. which is expected to reach \$25,000.



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#### Why Men Admire Beauty in Women

mean that the material side of his stances of bones and teeth, which nature is touched; on the contrary, it may be a strong appeal to the spirit-

if accompanied by beauty of thought and life, is a woman of power. Who has not marveled at the favor and consideration bestowed upon some soft-eyed, gentle woman?

Crowds make way for her. Busy men stop to listen to her. Men of in-fluence use their power to nelp her to gain what she desires. She is first to be served at shop or table. She is the Beware of this day, if those who read center of an admiring group at every the stars are to be trusted. Mars, Mer-

Because she is beautiful.

The average woman, however, does not understand this attitude toward her sex. This trait in man is apt to give her a haunting suspicion that all is not right with his soul, that he is in danger of becoming enguifed on the rocks of Venusberg.

If she only knew it, a man's love for feminine beauty is one of the saving qualities in him and is based on something much higher than any sex impulse.

may be caused by an incident affecting Canada.

The seers prophesy that American financiers will prepare protective measures indicating that they are anticipating foreign complications before autumn. The anniversary of the beginning of the war will be a period of exceedingly great peril to this country.

As the world has been in the cycle of Mars since 1999 and as the planet will prepare protective measures indicating that they are anticipating foreign complications before autumn. The anniversary of the beginning of the war will be a period of exceedingly great peril to this country.

As the world has been in the cycle of Mars since 1999 and as the planet will prepare protective measures indicating that they are anticipating foreign complications before autumn. The anniversary of the beginning of the war will be a period of exceedingly great peril to this country.

As the world have a period of exceedingly great peril to this country. Because she is beautiful.

The idealization of woman is the in the history of the United States. most important factor in civilization. It is foretold that President Wilson Let the woman who is striving for equal citizenship remember that she quarter. The summer months will be

Let the woman who is striving for equal citisenship remember that she is striking at the very root of civilization if she lose her womanly dignity or forget to keep up the standard of beauty which is man's ideal of her.

Man's love for the beautiful femi-

nine does not seem to be confined to stars.
any particular age. Another reason to Accirecognize this quality as something Mars is adverse. Care in the use of outside of the sex question is, a boy instruments and machines is counseled. most intensely conscious of beauty is most intensely conscious of beauty in his mother. He adores it in a manner quite unique and apart from any other passion. If the mother is not capable of serving as his ideal, it is apt to be some other mature woman. Young men will often admire extreme-

guimpe.
Pictorial Review Pattern No. 5988. swer all questions relating to her deit will not be practicable to print an tic associations. answer to every inquiry, a stamped children born cenvelope should accompany each let-

> Exercise for Weak Heart.
> Dr. C. writes: "Do you advise exercise for a woman with a weak heart?"
> Most decidedly. Not vigorous ex-

> ercise, but regular, systematic expan-sions and contractions which shall promote a good circulation and strengthen the muscles and tissues about the heart as well as other parts of the system. One with valvular trouble or heart lesions should not exercise, except under the watchful eye of a physician; but the muscles of the heart respond and strengthen by ex-ercise just the same as the muscles of any other part of the body. Corally good heart exercise.

Should Food Be Salted Miss D. writes: "We read so much today about salting foods that I wish

(Cognight, 1912)

If a man does not admire a beautiful woman, there is something wrong with the man.

He admires the something wrong when the nursing period to the baby, and when the nursing period to the baby. with the man.

He admires beautiful lines and curves; he finds these in woman's figure. The refreshing color of the face the the child may be assured of and the radiance of the eyes appeal and the radiance of the eyes appeal the proper proportion and quantity of to him. This does not of necessity calcium salts, as these form the sub-

may be a strong appeal to the spiritual.

The beauty in figure and feature, the clear skin, the luxuriance and gloss of well-kept, weti-cressed hair, the sparkle of lustrous eyes, the gleam of teeth well cared for, the daintiness and grace of expressive hands mean much to nim.

He is cheered, rested and uplifted by such beauty, just as a woman who take the salt to supply sufficient for foods. Likewise more salt than is contained in grass and fodder is needed. by such beauty, just as a woman who has time for the art galleries is feasted and refreshed by beauty on canvas or in marble. Some beauty of feature attracts man first; the thought and character next.

A woman of real physical beauty, it is a woman of real physical beauty, it is a woman of real physical beauty.

Salt should not however, be used. Salt should not, however, be used immoderately.

> "The stars incline, but do not compel." HOROSCOPE.

Thursday, April 8, 1915. (Copyright, 1915.)

Beware of this day, if those who read social gathering. Women as well as cury and Saturn are all so strongly admen love and admire her. She is a leader—the most influential kind of leader.

Why?

Why?

Wars stars are to be trusted. Mars, Mers, Mers

may be caused by an incident affecting

Accidents are believed to multiply when instruments and machines is counseled. Soldiers, policemen, watchmen and all who guard life and property are subject Advertising is not well-aspected today. Magazine editors will lose, if they are

not enterprising.

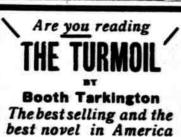
The seers declare that Germany is planning a coup for midsummer that will greatly embarrass the United States.

Ancient lore found this configuration an exceedingly good one for certain household occupations. It is not a lucky time however for removals. not enterprising.

Persons whose birthdate it is propably will endeavor to an-ons relating to her de-comptly as possible. As servative in forming businers or domes-

Children born on this day may be quick tempered and rest'ess. They are likely ter. All letters should be addressed to to have generous natures and an apti-Miss Susanna Cocroft, care of this pa-

The old name for the sunflower was solsosee, the sun-follower. The ancient sunflower, or sun-follower, was the marigold; the tall plants of the present day are of American origin



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The Finest Silverware Made **Oneida Community** SILVER SPOONS - These are genuine Oneida Community Silver-the recognized standard of silverware. Fully guaranteed by the manufacturers. Watch for new States and make a collection of your favorites. CLIP THIS COUPON This Coupon with one other clipped from Wednesday's or tomorrow's Herald with 13 cents, is good for one Spoon (25 cents for two Spoons), when presented to the office of The Washington Herald. Note-When ordering by mail, add 3 cents extra for each spoon